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By Jayne Gackenbach

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Lucid dream - Wikipedia, the free encyclopedia -

A lucid dream is any dream in which one is aware that one is dreaming. In relation to this phenomenon, While dream control and dream awareness are correlated,

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3 Ways to Lucid Dream - wikiHow -

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<https://snoozon.com/dream-control>

How to Control Your Dream - Lucid Dreaming - -

Lucid dreaming is the ability to know you're dreaming while you're dreaming. A lucid dreamer is able to go to sleep at night, and wake up within his or her dream.

<http://www.oprah.com/spirit/How-to-Control-Your-Dream-Lucid-Dreaming>